

Another aspect of Japanese community corrections

Treatment of offenders with mental health disorders in Japan

-Learnings from a diversion programme-

United **N**ations **A**sia and **F**ar **E**ast **I**nstitute
for the Prevention of Crime and the Treatment of Offenders
(UNAFEI)

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I find myself happy to be able to be engaged in medical supervision.

I had been in a really a bad mood all the time and couldn't control my feelings before I started receiving medical supervision.

Although I have had a tough time struggling with a side effect of the strong medication, I am still happy to be provided with this medicine through medical supervision.

I feel now I have people around me and I am not alone any more.

Agenda of the presentation

- Scheme, legal framework
- Practice
- Suggestions

Mission of Probation Office

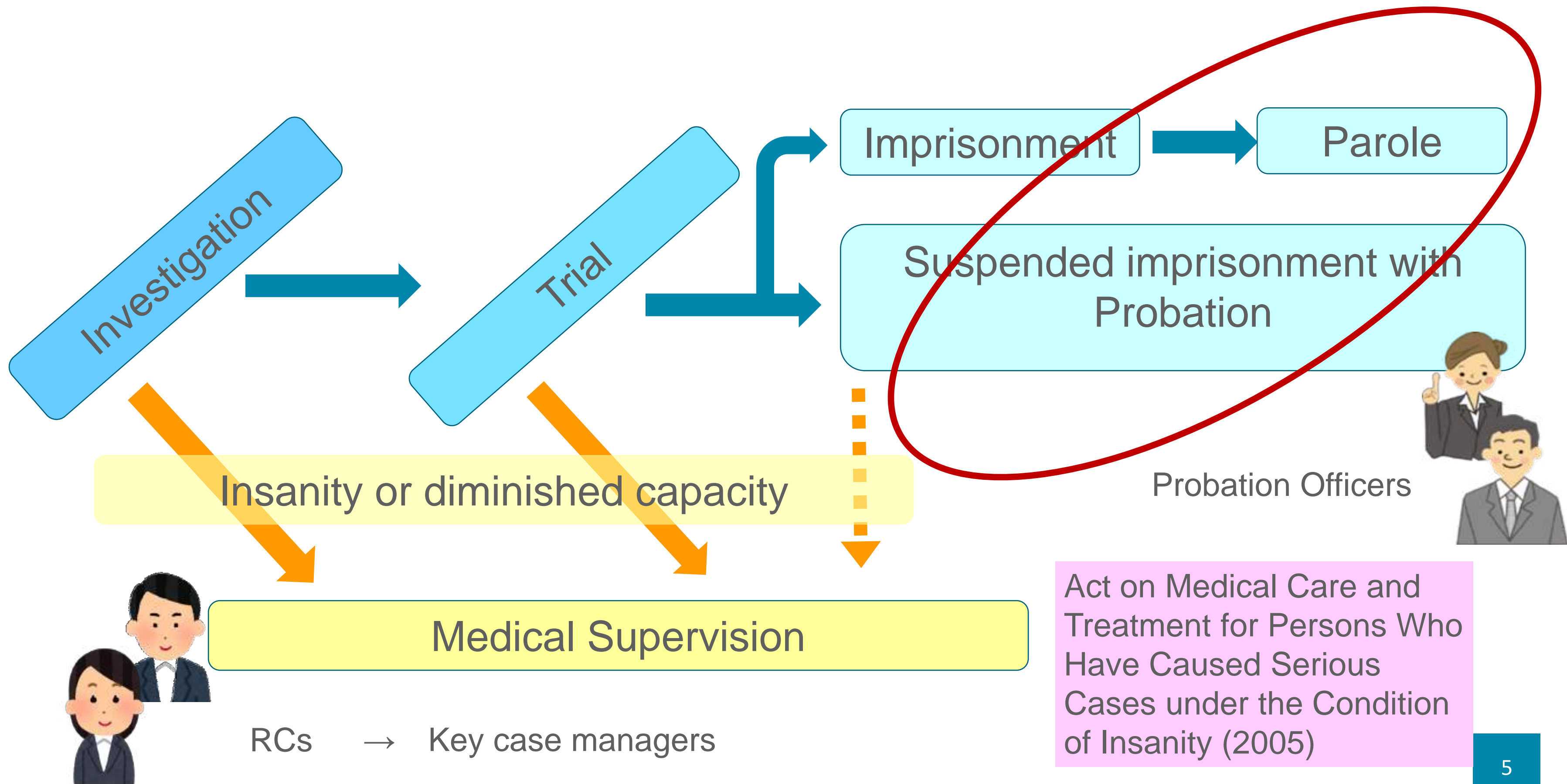
- Taking care of probationers
 - Offenders under suspended sentence with probation
 - Offenders under parole supervision
 - Juvenile delinquents



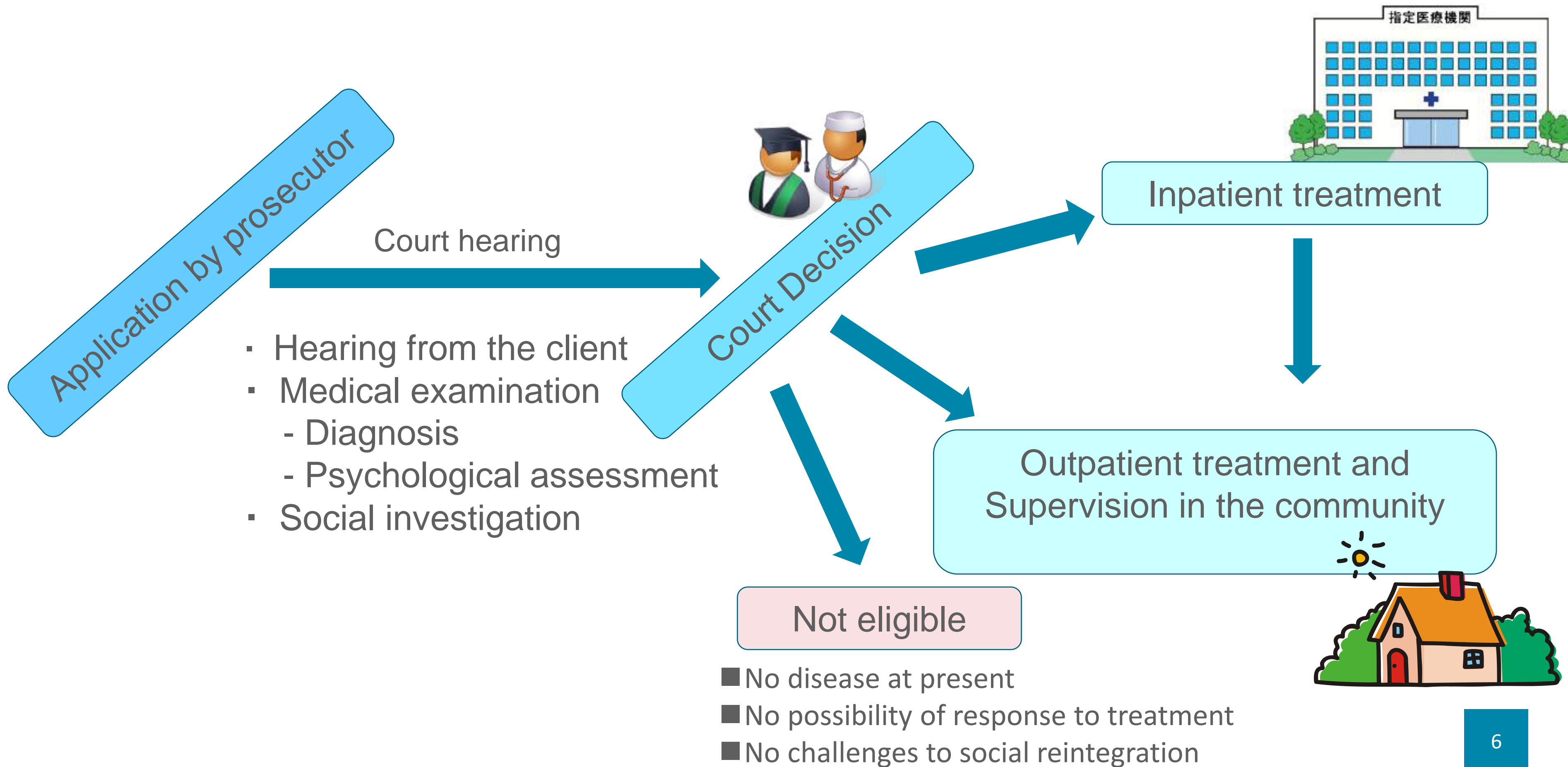
- Taking care of those who are under medical supervision
 - Acquitted due to lack of criminal responsibility caused by mental illness
 - Not prosecuted due to lack of criminal responsibility caused by mental illness
 - Those whose sentence was mitigated due to diminished capacity



Basic flow chart of Criminal Justice

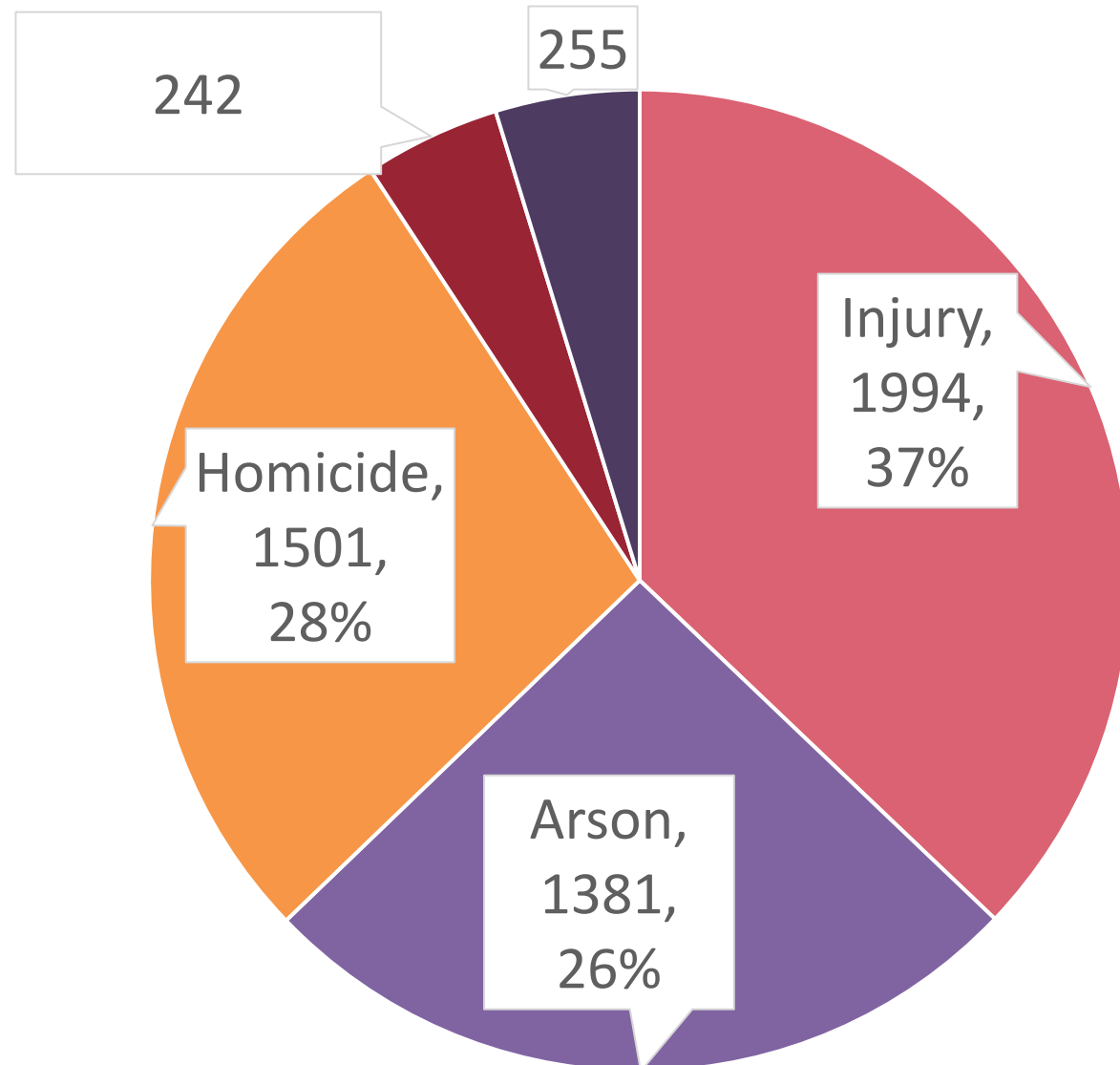


Flow of Medical Supervision



Figures

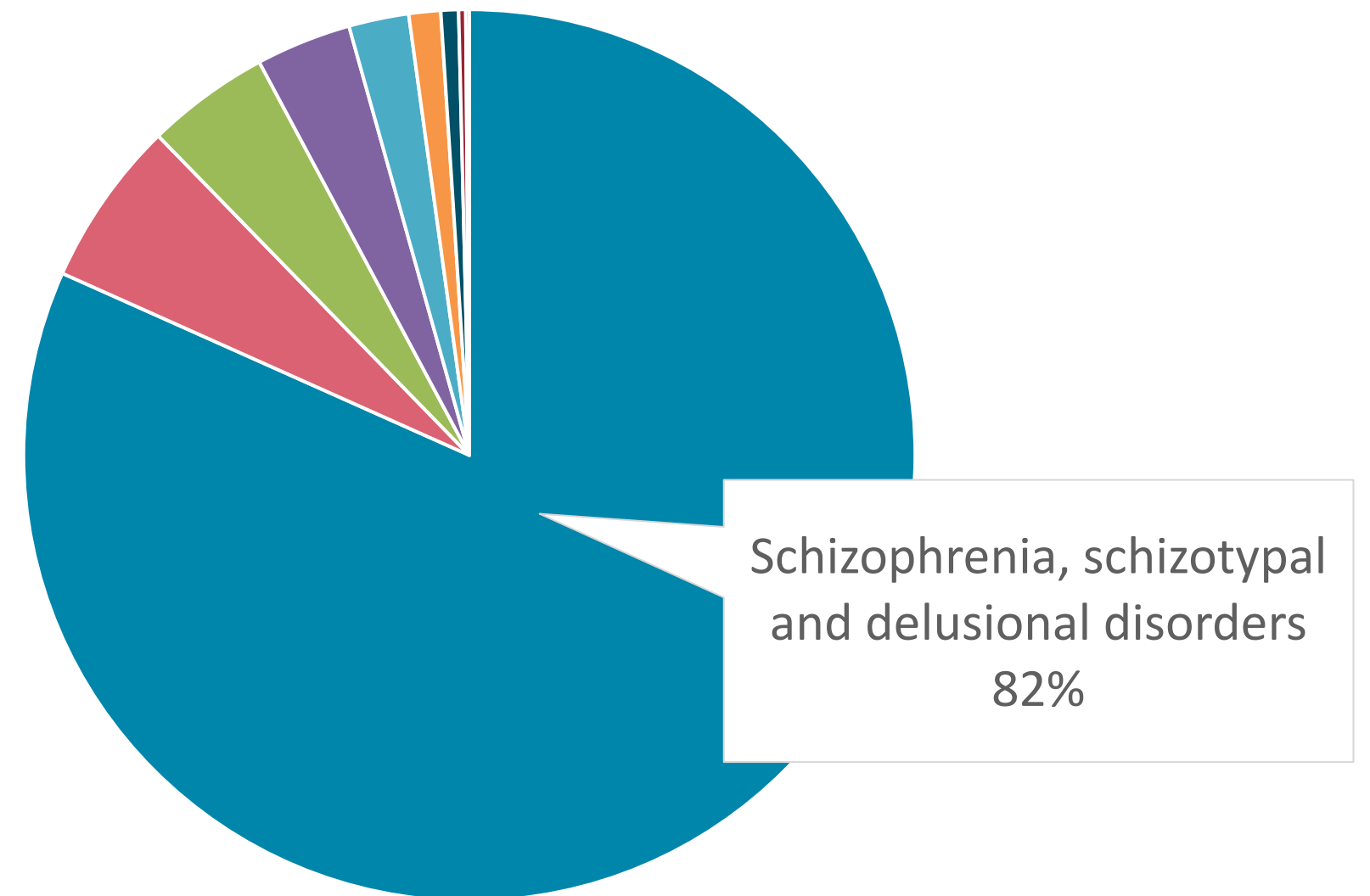
Type of Offence



■ Injury ■ Arson ■ Homicide ■ Rape & Forcible Indecency ■ Robbery

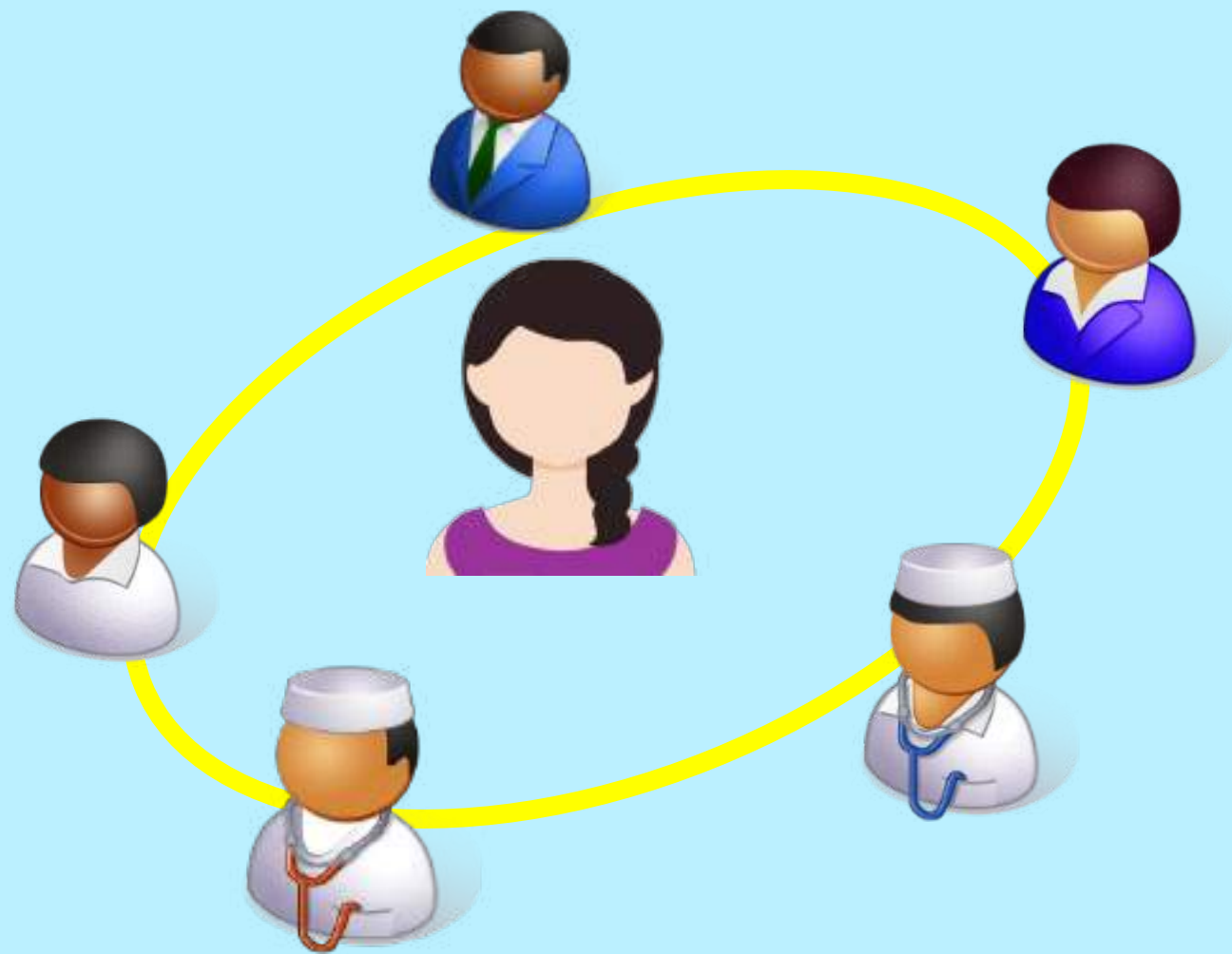
(Cases applied for the scheme 2005-2020)

Primary Diagnosis



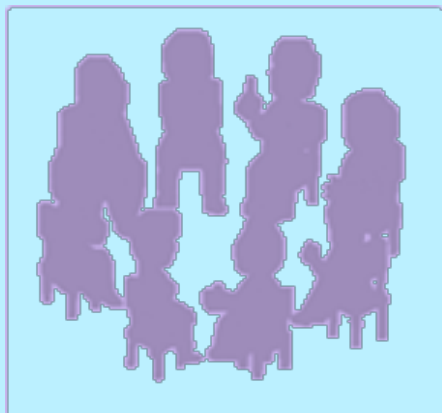
■ Schizophrenia, schizotypal and delusional disorders ■ Mood [affective] disorders
 ■ Mental and behavioural disorders due to psychoactive substance use ■ Organic, including symptomatic, mental disorders
 ■ Disorders of psychological development ■ Mental retardation
 ■ Neurotic, stress-related and somatoform disorders ■ Unspecified mental disorder
 ■ Disorders of adult personality and behaviour

(Inpatient clients as of 1 April 2021)



Inpatient Treatment

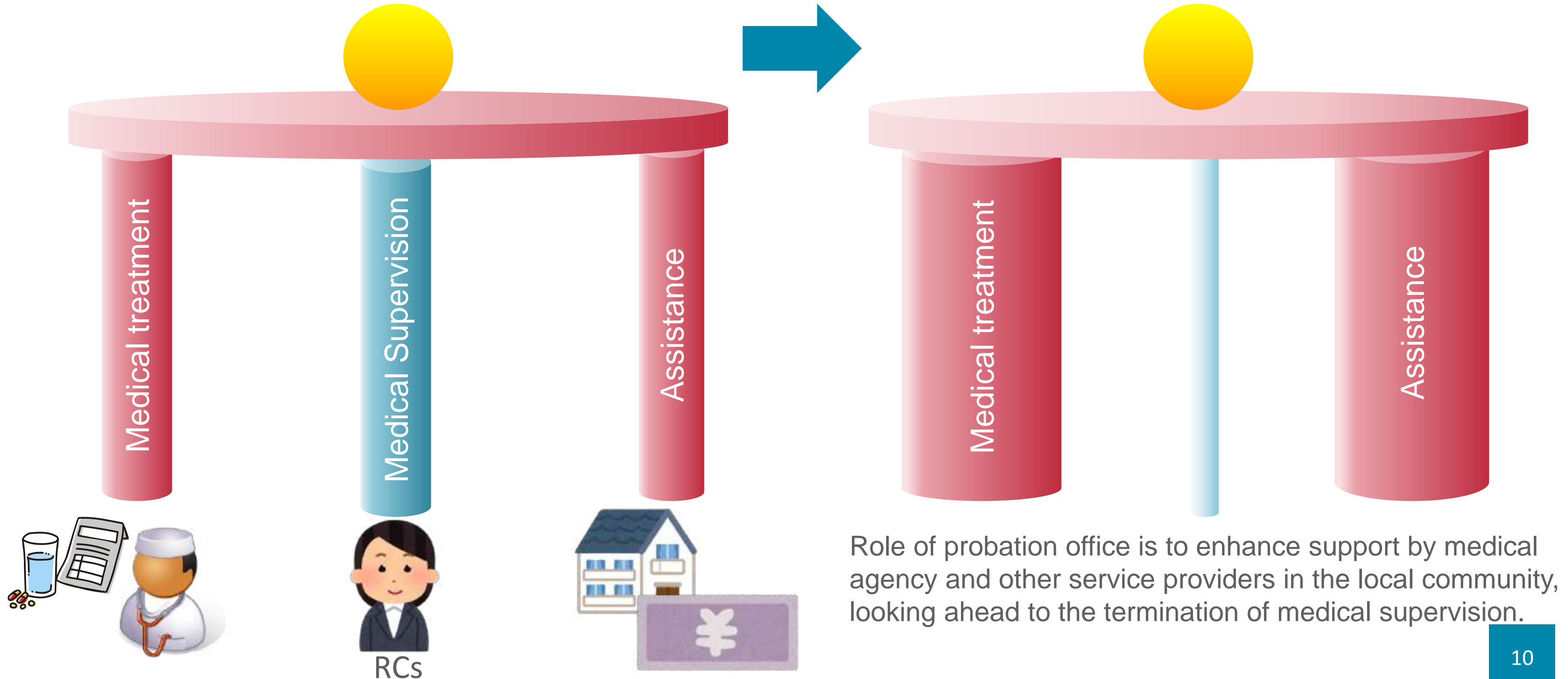
- Multi-Disciplinary Team for each client
- Variety of Programmes
- Re-entry Preparation (Outing & Overnight trial)
- Re-entry Coordination
- Care Program Approach (CPA) meeting
- Creation of “Crisis Plan”



Outpatient Treatment (Community-based)

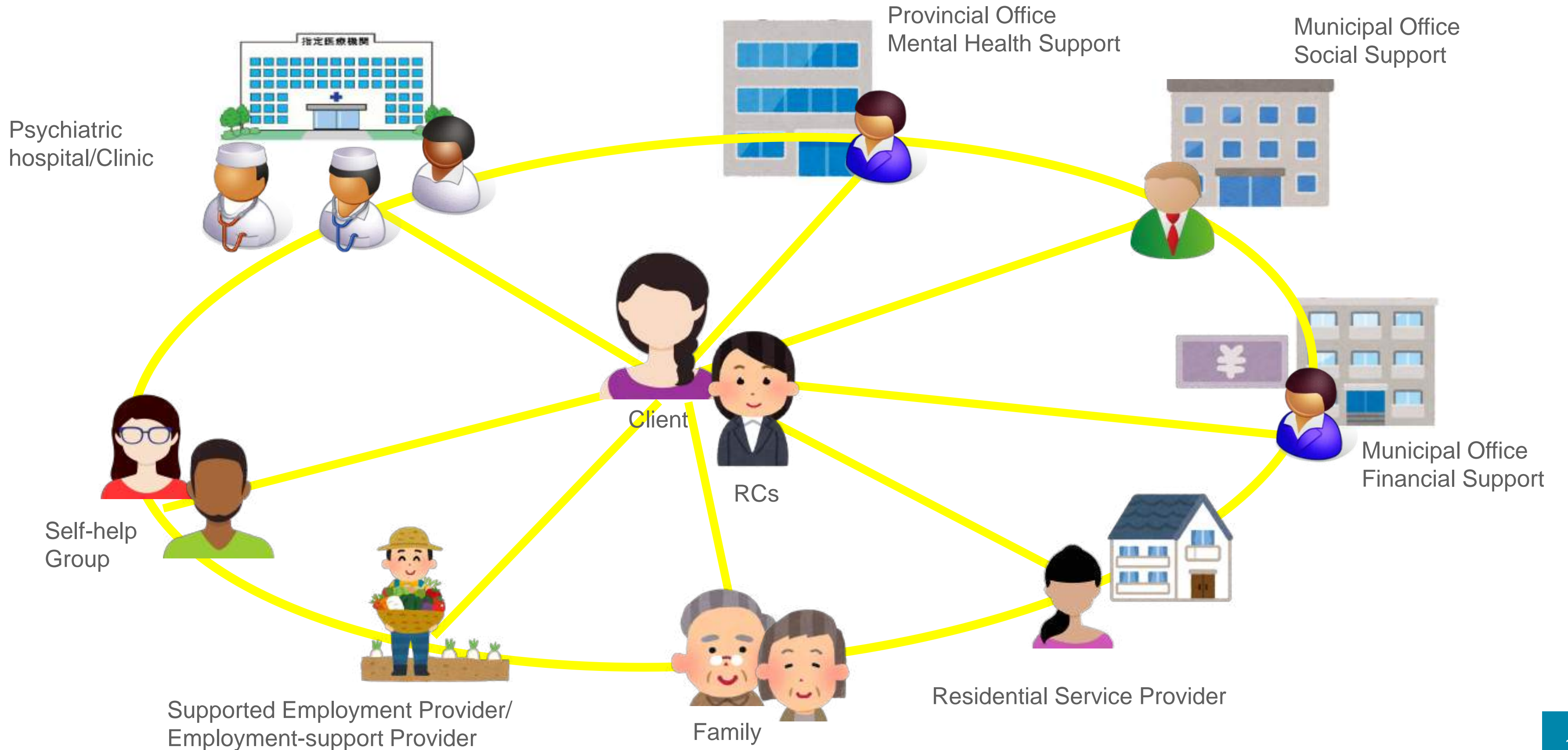
- Three-pillars
- Multi-stakeholder approach
- Precise assessment
 - BPS model, Strength-considered, checked by multiple RCs
- Client-centred
 - Treatment plan
 - Regular care meeting with stakeholders and client

Three Pillars



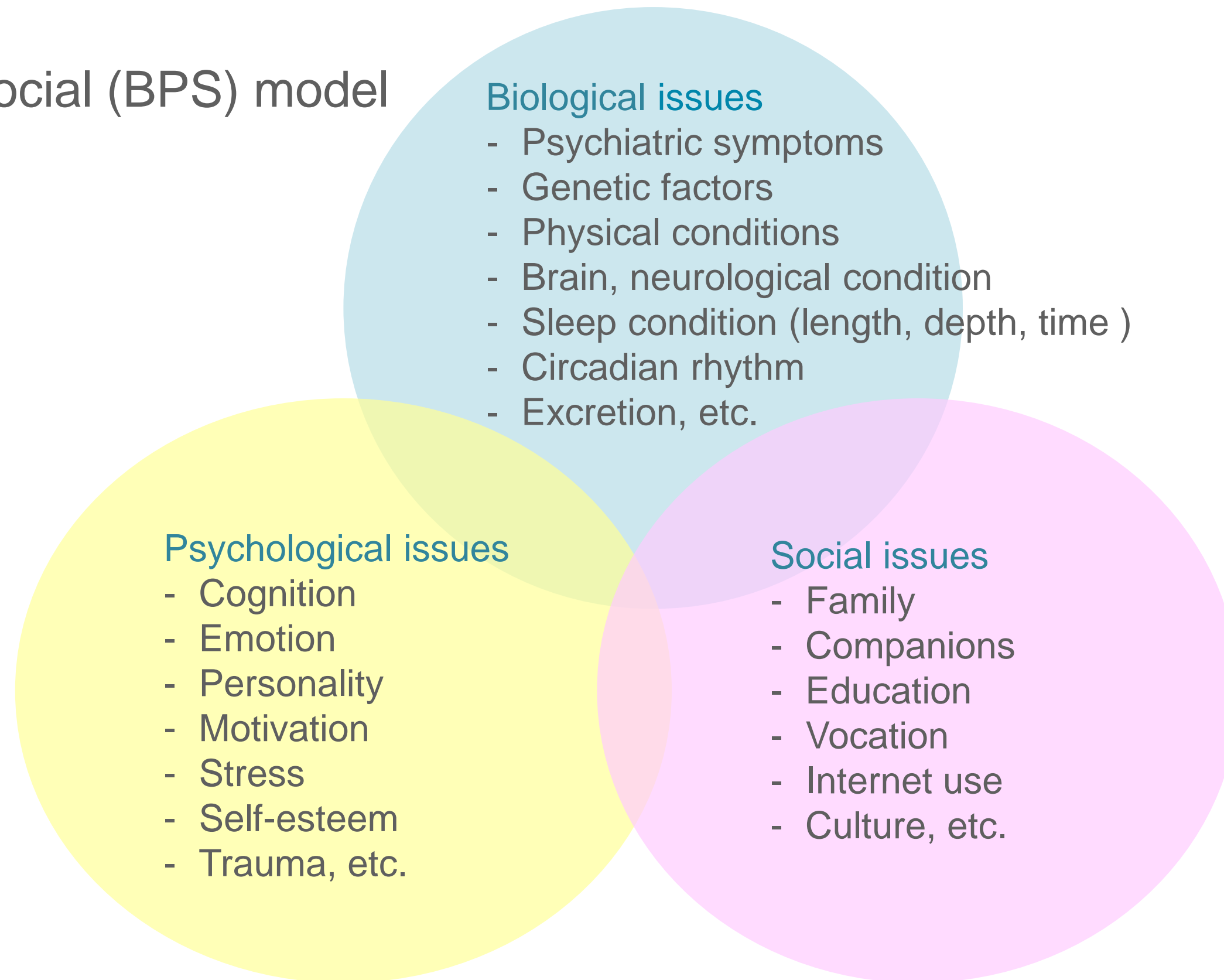
Multi-stakeholder approach

Comprehensive Support Network



Precise assessment

■ Bio-Psycho-Social (BPS) model



Precise assessment

■ Strength-considered

| | items | Score | Inhibiting factors for reintegration | Promoting factors for reintegration |
|----|--|-------|--------------------------------------|-------------------------------------|
| 1 | Status of physiological changes | | | |
| 2 | Stability of psychiatric symptoms | | | |
| 3 | Continuity of outpatient medical care and medication | | | |
| 4 | Motivation for treatment | | | |
| 5 | Consultation and coping skills | | | |
| 6 | Addiction control | | | |
| 7 | Social and living skills | | | |
| 8 | Present and future planning (desires and goals) | | | |
| 9 | Family relationship and companionship | | | |
| 10 | Social support by local government and agencies | | | |
| 11 | Stability of residential and community environments | | | |
| 12 | Stability of livelihood | | | |
| 13 | Normative consciousness | | | |

Precise assessment

- Checked by multiple RCs
- Reviewed 6 months after the start of supervision and whenever appropriate
- Consultation and case study with an expert



Client-centred Approach

Treatment Plan

- Official form of the Treatment Plan includes a box to write the **“client's own desires and goals”**.

様式第48号（法第104条第1項・第3項、規則第11条、第15条、規程第36条関係）

個人情報が記載されています。取扱いについて注意してください。

処遇実施計画書(案) (第1回 平成XX年XX月XX日作成)

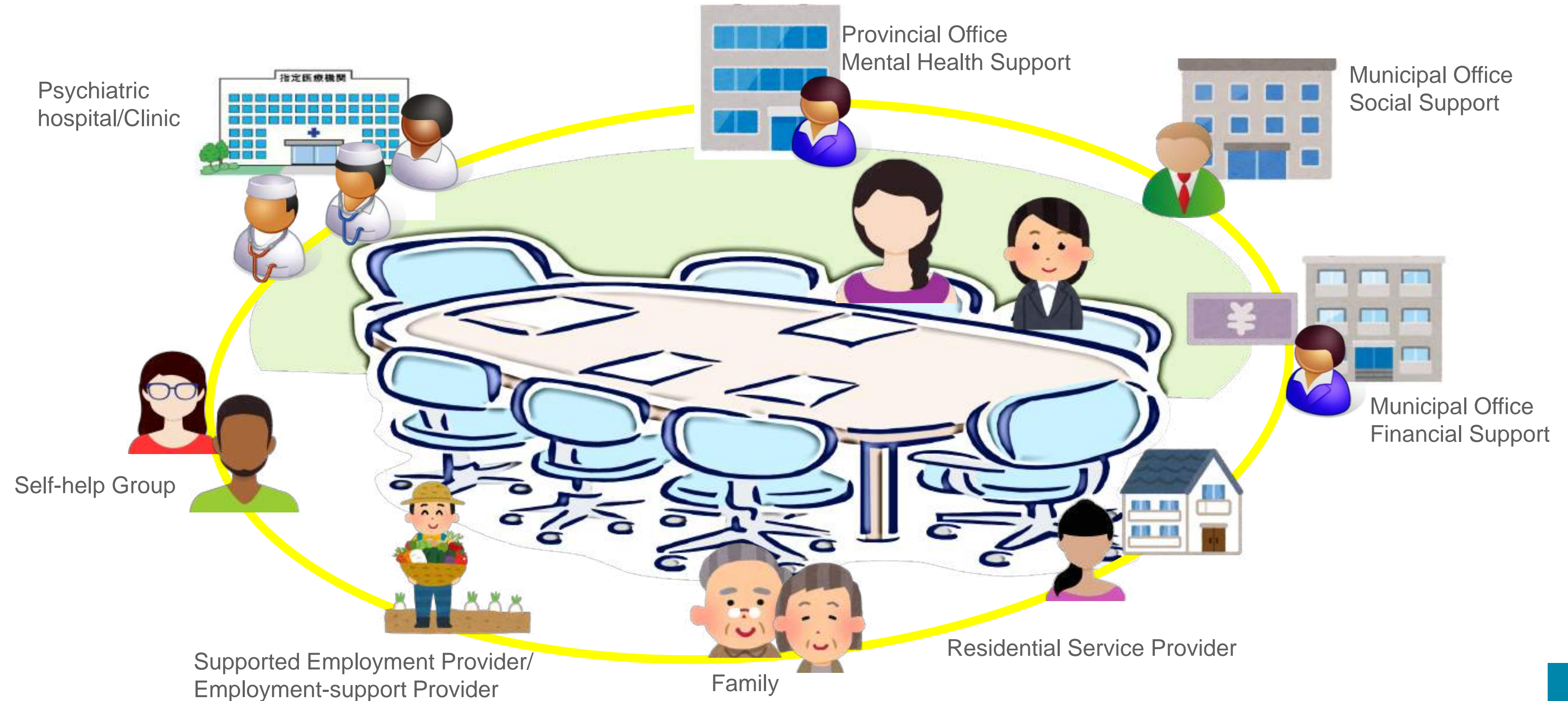
〇〇〇保護観察所長 〇〇 〇〇 印

次の者に対する処遇の実施計画を下記のとおり定める。

| | | | | | | |
|--|--|------------------------|---------------------|------|---|--|
| フリガナ | | | | 男 | 生年 月 日 | 昭和XX年X月X日生 |
| 氏名 | 〇〇 〇〇 | | | | | |
| 住所 | 〇〇県〇〇市〇〇XXX番地 | | | | | 電話番号 XXX-XXX-XXXX 携帯番号 |
| 保護者 | 〇〇 〇〇 (続柄) 実母 | | | | | 電話番号 XXX-XXX-XXXX 携帯番号 XXX-XXX-XXXX |
| 緊急連絡先 | 〇〇 〇〇 | | | | | 電話番号 XXX-XXX-XXXX 携帯番号 |
| 通院医療開始日 (決定のあった日) | 平成 年 月 日 | | | | | |
| (1) 処遇の目標 | | | | | | |
| 退院後の地域生活に慣れるようにし、生活リズムを確立し、継続的に医療を受ける。 | | | | | | |
| (2) 本人の希望 | | | | | | |
| 通院医療を受け、作業所等の日中活動に参加したい。再度他害行為を行わないようにしたい。 | | | | | | |
| (3) ケア会議等 | | | | | | |
| 開催回数 | 通院開始後6ヶ月は原則月1回とするが、処遇状況に応じ、会議の場で検討する。 | | | 開催場所 | 〇〇〇〇病院 | |
| 検討事項 | ① 通院医療の状況について ② 安定した地域生活を継続するための方策について ③ 関係機関の連絡体制について | | | | | |
| 留意事項 | ケア会議ごとに次回開催日を決めておく。 | | | | | |
| 連携方法 | 電話連絡及び文書による調整。 原則、本人に参加を求めてケア会議を行う。 | | | | | |
| (4) 処遇の内容・方法 | | | | | | |
| ① 通院医療 | 目 標 | | | | | |
| | 内 容 | 機関名・所在地 | 担当者 | 回数 | 実施方法等 | 備考 |
| | 通院医療 | 〇〇〇〇病院 (〇〇市〇〇町XXXX) | A 医師 | 週1回 | 毎週木曜日 時から 情報関係の構築に重きを置く。 | |
| | 訪問看護 | 〇〇〇〇病院 (〇〇市〇〇町XXXX) | B 精神保健福祉士 /C 看護師 | 月1回 | 訪問時服薬状況を確認する。また、 複数での訪問を予定(必要に応じ、 他機関スタッフとの同行訪問)。 | |
| | デイケア | 〇〇〇〇病院 (〇〇市〇〇町XXXX) | D 精神保健福祉士 /E 看護師 | 週3回 | 月、水、外来診療日(木) | |
| 留意事項 | | | | | | |

Client-centred Approach

■ Regular care meeting with stakeholders and client



Other Initiatives

- Family Support

- Peer Support

Former clients can provide invaluable perspectives as a person with lived experience for current clients, for rehabilitation coordinators and for other stakeholders.

- Victim Support

- Awareness Raising

Conclusion – the secret of the success of this scheme

- We are always mindful of keeping the client engaged in medical care and social support even after the involvement of the criminal justice system (probation office) ends.
- We know that criminal justice alone cannot provide effective intervention to prevent further offences. Neither do other stakeholders.
- Precise assessment is essential to provide individualized treatment.
- We don't leave the client behind in the process of treatment. The client is a key player on the treatment team.

Description → Assent



Dialogue → Agreement

Thank you for your attention

United Nations Asia and Far East Institute
for the Prevention of Crime and the Treatment of Offenders

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