



springboard

CONNECT. INSPIRE. ACHIEVE.



AN INNOVATIVE LIFE SKILLS LEARNING PLATFORM

# **WORLD CONGRESS ON PROBATION AND PAROLE**

**OCTOBER 1ST, 2022**





### **Carolyn, Director of Programs**

Carolyn, is a program development and management specialist and brings over 15 years' experience leading and developing programs and services for the community. Carolyn is passionate about strengthening the community through capacity building, thoughtful program implementation and transformative educational initiatives.



### **Carly Neale, Acting Supervisor**

Carly is HUB's Acting Supervisor she began as a volunteer and in her current role Carly is responsible for expanding the Springboard community learning HUB through community outreach partnership building facilitator engagement and fund development



### **Sylvia Larke, Lead of HUB's Strategic Initiatives**

Sylvia is responsible for the development of new modules and creating new initiatives to expand the Community Learning HUB



## Diversity of Springboard Programs

Springboard **Builds Stronger Communities** by helping at risk & vulnerable youth and adults through critical transitions in their lives with a focus on community justice, employment and developmental disability services.

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### Community Justice

- Youth and adult skill building programs, residences and counselling that can turn lives around
  - Pre and Post Charge Diversion Programs focusing on accountability and harm caused to victims
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### Employment Services

- Skill building and placement programs to overcome employment barriers, so people can find and keep work
- 

### Developmental Services

- Programs and services to foster choice in community exploration and integration

## Why A Digital Learning Platform?

Providing youth with a relevant & engaging programming experience to meet the needs of justice involved individuals

This program  
has been made  
possible by

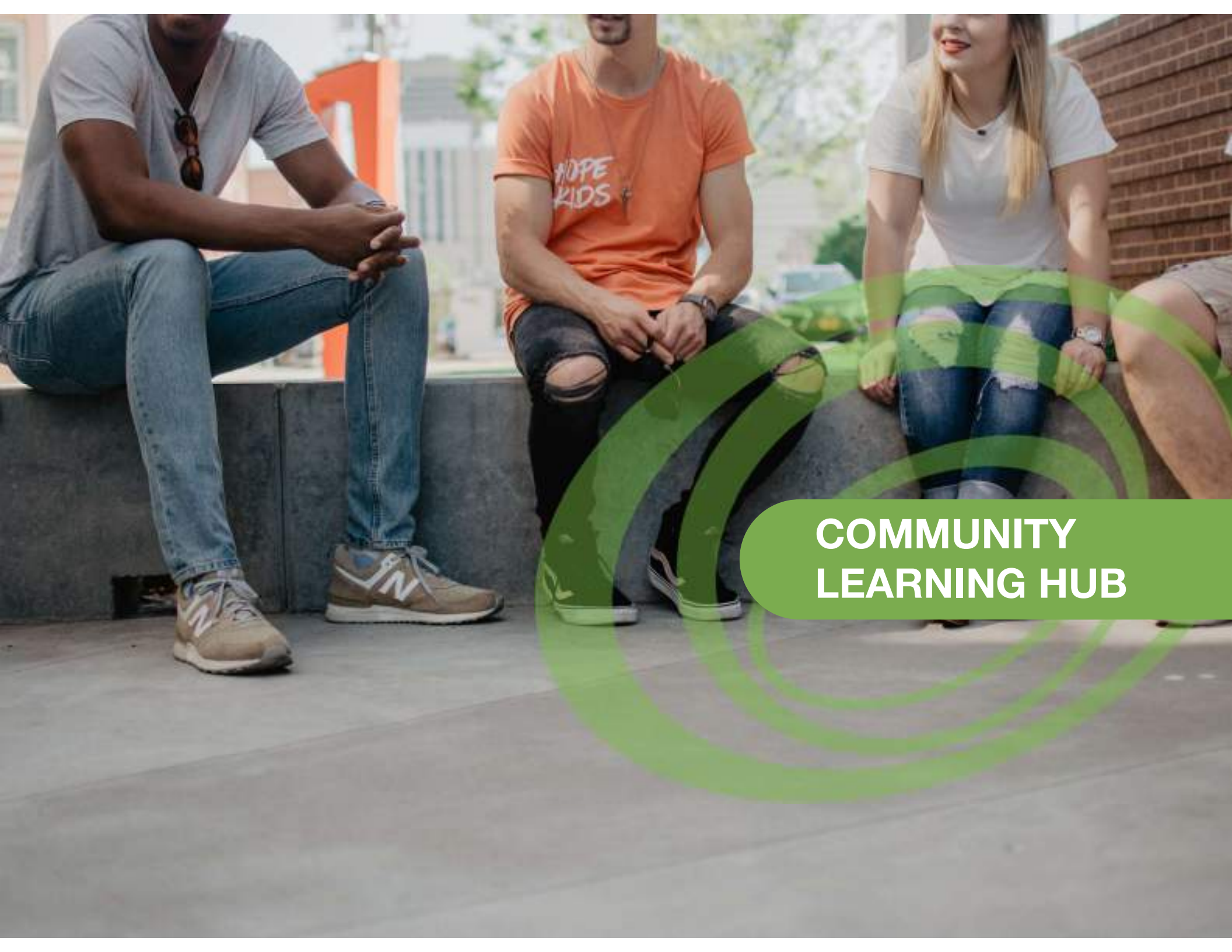


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## Key milestones along the digital journey

- Design of evidence informed, play based programming at Ontario's **1st** Attendance Program
- Achieved **75%** in program completion with high need/risk youth
- Iteratively increased Springboard's capacity for 'in house' digital programming
- Improved completion rates to **95%** with positive feedback from youth and facilitators
- MCCSS support enabled diverse programs and now a web based platform for evidence informed programming across Ontario



**COMMUNITY  
LEARNING HUB**

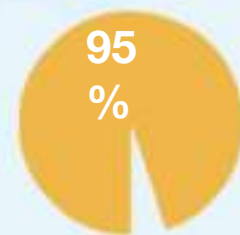
# An innovative life-skills learning platform



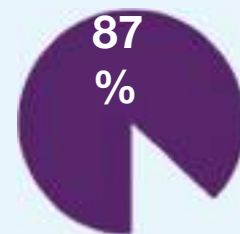


## Our Reach

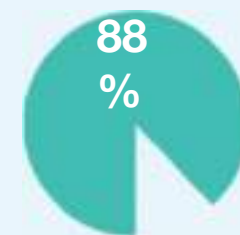
With **over 980 trained facilitators**, HUB serves **over 160 social service sites across Canada**. HUB enables professionals on the ground via monthly webinars with mental health and youth development experts, research publications, and module training resources.



Youth completion rate



Facilitator training satisfaction rate



Youth satisfaction rate



## Strongest HUB Users



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## Creating Shared Solutions

HUB learning content is aligned with the United Nations Sustainable Development Goals, leveraging technology to offer cutting edge learning content to non-profit organizations across Canada working towards the same goals.





## **Finances**

Improve financial security and inclusion.



## **Peace & Justice**

Explore grandfather teachings, civic engagement and anger awareness tools.



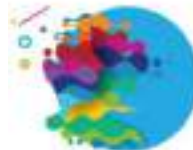
## **Decent Work**

Learn soft skills and create meaningful employment outcomes.



## **Gender Equality**

Empower young women to lead healthy and impactful lives.



## **Education**

Motivate success in school, training and life-long learning.



## **Health & Well-being**

Discuss cannabis, stress-reduction and practice mindfulness.



**HUB learning content uses a blended learning approach, providing a facilitator-led digital learning experience.**



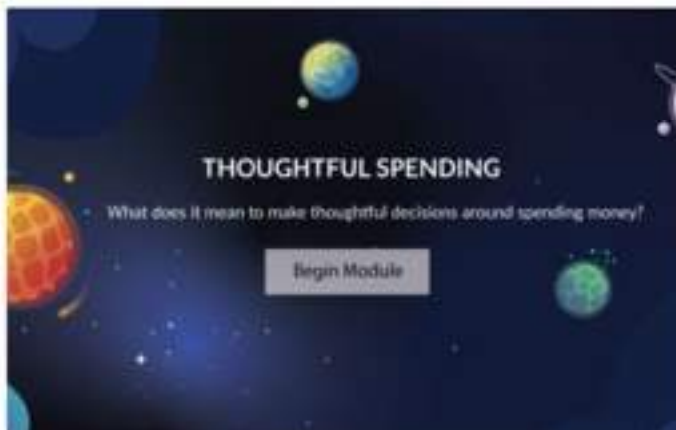
HUB modules are designed in a transformative learning methodology grounded in anti-oppression, cultural safety and trauma-informed frameworks. These frameworks are the foundation of all HUB programming and are at the core of the HUB's facilitator trainings.

## Earning Money

Thinking critically about earning money.



**NEW MODULES**



## Thoughtful Spending

*Youth Financial Literacy Program*

	How Often	Budget	Spent	Remain	Delete
	Monthly	1180	1180	0	✗
	Monthly	60	60	0	✗
	Monthly	60	60	0	✗
	Monthly	40	40	0	✗
	Monthly	40	40	0	✗

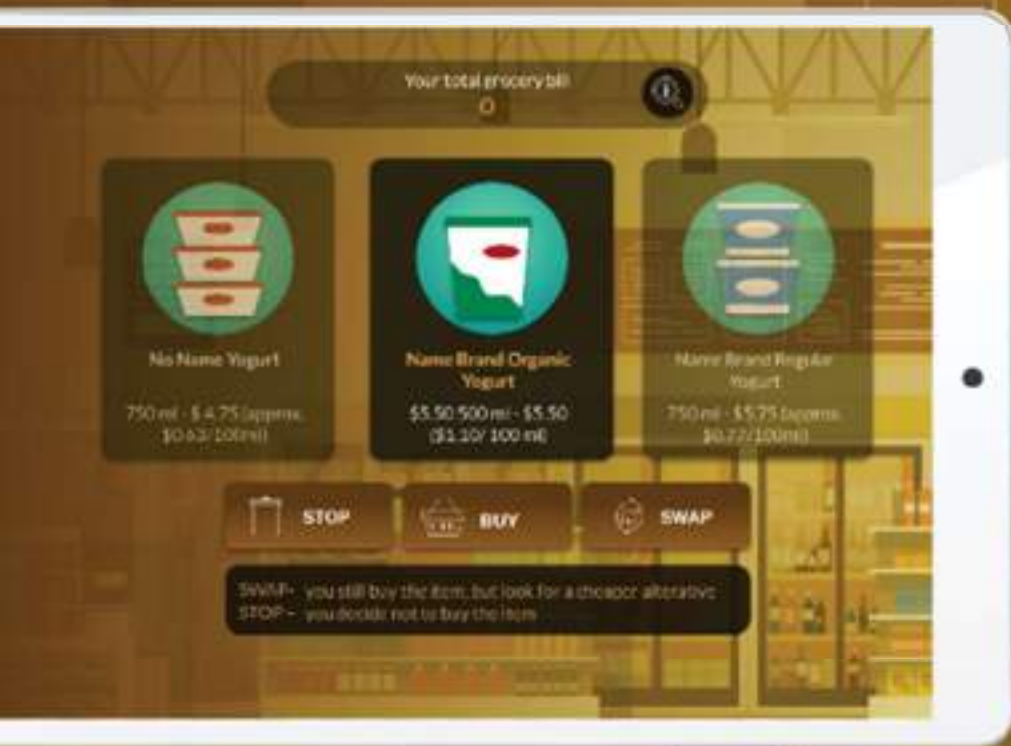
Total Budget \$4,454    Total Spending \$4,454    Summary

When we are thoughtful in our spending we consider our **NEEDS** before our **WANTS**. We think about our **FINANCIAL GOALS** and we aim to align our spending with our **VALUES**.



## Spending Money Module

### Adult Financial Literacy Program



## SWAP or STOP at the Grocery Store

Save more money by using the SWAP or STOP method.

Decide if each food item is a need or a want? Then if you want to buy it, swap it for a cheaper item or save your money by not buying it at all.

**Pro Tip:** Look at the unit price of each item. You may be getting more for less!

Let's Start

Grocery Budget is \$30.00

**Taking in the Awesome!**  
*Mindfulness in Action*  
*Program*



**Attitudes of Mindfulness**  
Think of a time when you or someone you know was.

## Moving Toward Your Best Self- Exploring your Self-Esteem, Core Beliefs, Values and Strengths/Positive Traits

*Young Women's Self-Discovery and Resilience Program*



### SHOW THE BEST VERSION OF YOURSELF NOW

Think of a time recently where you felt that you were being the best version of yourself.

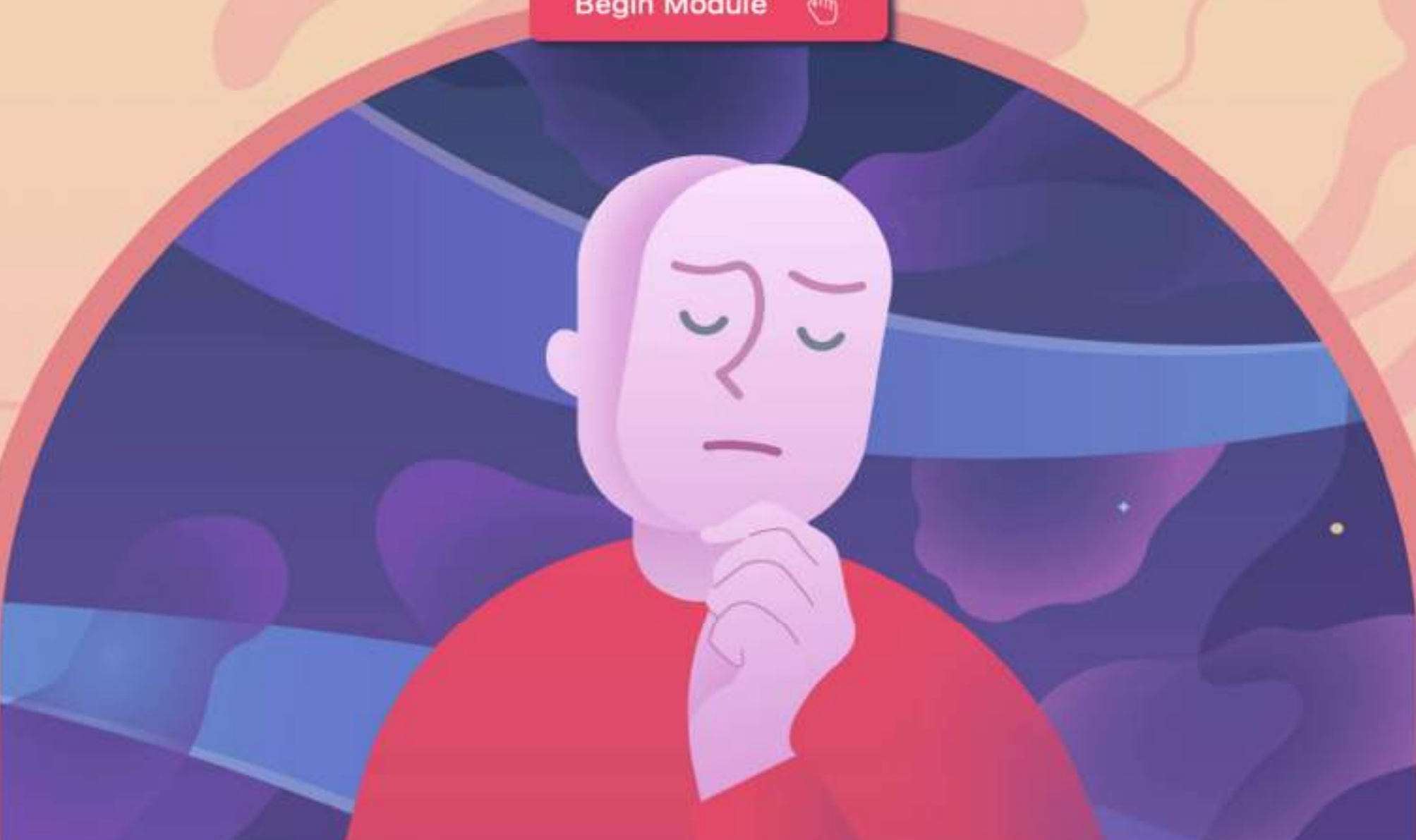
This would be a situation where you felt strong and confident.

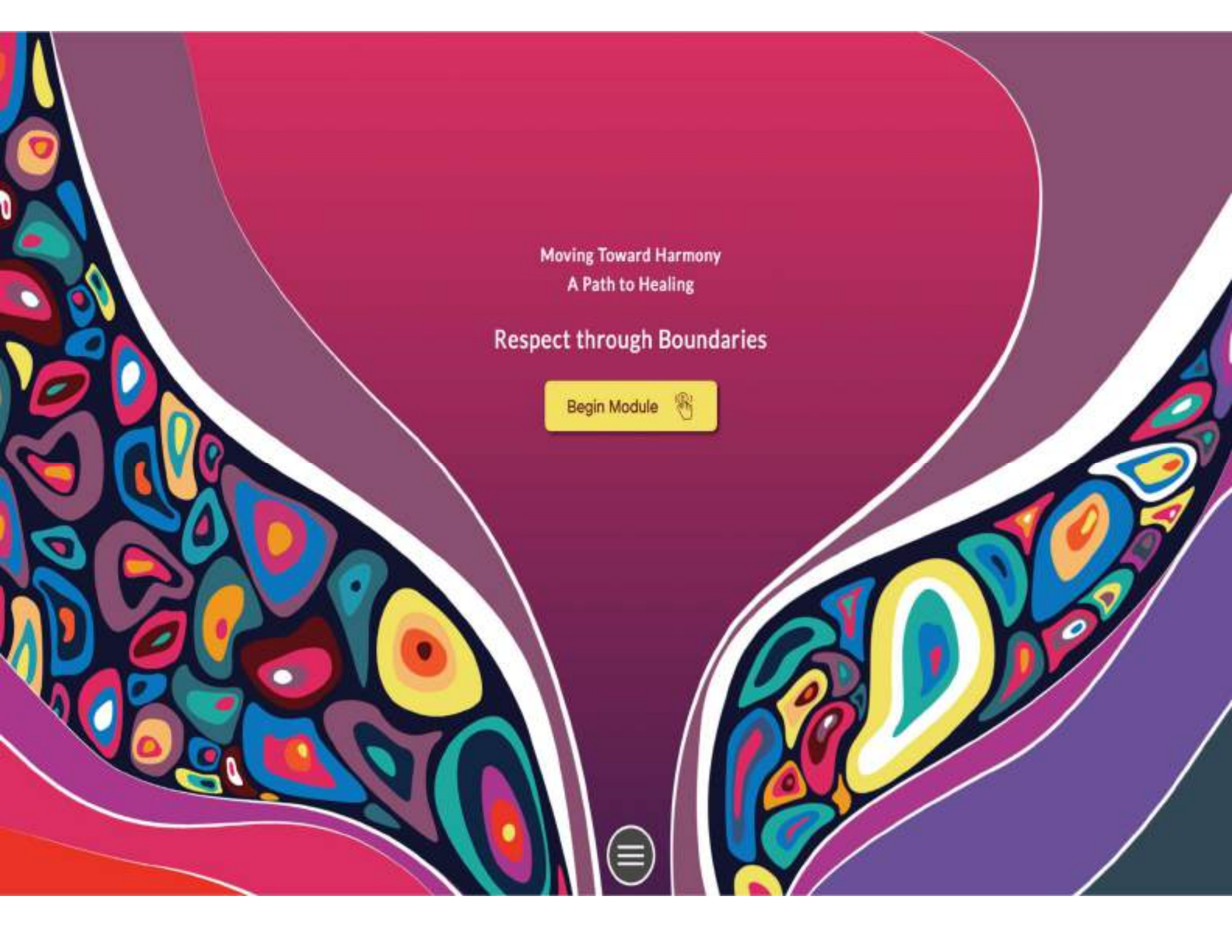


Anger Management and Emotional Resilience

## The Purpose and Power of Emotions

Begin Module





Moving Toward Harmony  
A Path to Healing

Respect through Boundaries

Begin Module



# Grandfather Teachings



## Grandfather Teachings - Wisdom

The teaching of Bravery is rooted in making positive choices and having a conviction  
*hnead an coir dechaine - ar uall na h-éire*

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## Grandfather Teachings - Truth

Truth is a teaching that enables us to trust that a power larger than ourselves is capable of assisting us to the fullness of our lives  
*an t-éire an t-éire an t-éire an t-éire*

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## Grandfather Teachings - Respect

The teaching of Respect will include learning to treat people the way you want to be treated and that respect does not include you  
*an t-éire an t-éire an t-éire an t-éire*

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## Grandfather Teachings - Love

All teachings include love at their core. It is the most significant and emphasizes inner strength. It is the most significant and emphasizes inner strength.  
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## Grandfather Teachings - Humility

The teaching of humility reinforces that you are a precious part of creation, allowing you to live your life with your community  
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## Grandfather Teachings - Honesty

Honesty is a teaching that emphasizes on understanding and embracing who we are and who we are not. It is the most significant and emphasizes inner strength.  
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## Grandfather Teachings - Bravery

The teaching of Bravery is rooted in making positive choices and having a conviction  
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Grandfather Teachings  
Truth

Begin Module



An Anti-Crash Course on Cannabis and Driving



# WEED OUT

## THE RISK

Begin Module





# HUB 2020 & BEYOND

# UPCOMING HUB MODULES



## Peace and Justice

- Indigenous Collaboration to Build Grandfather Teachings Program



## Peace and Justice

- Anger Awareness



## Health and Well-being

- Too Much to Drink



## Gender Equality

- Young Women's Resilience and Self Awareness



## Embracing Innovation

- Improving Offline Accessibility for Remote Indigenous Communities
- Mobile Applications to Promote a Continuum of Youth Engagement and Care
- Anti-Oppressive, Trauma Informed, Culturally Safe Facilitator Training

# REGISTER

## FOR HUB

1. Visit the website [www.communitylearninghub.ca](http://www.communitylearninghub.ca)
2. Click Join the HUB
3. Complete the registration form
4. Check your email and click activate now
5. Use your individual login credential to access





## HUB Partners



Ministry of  
Children, Community &  
Social Services

Ontario  
Trillium  
Foundation



Fondation  
Trillium  
de l'Ontario



Department of Justice  
Canada

Ministère de la Justice  
Canada



Health  
Canada

Santé  
Canada

 **TELUS**



**Bank**



**RBC  
Financial  
Group**

# QUESTIONS