

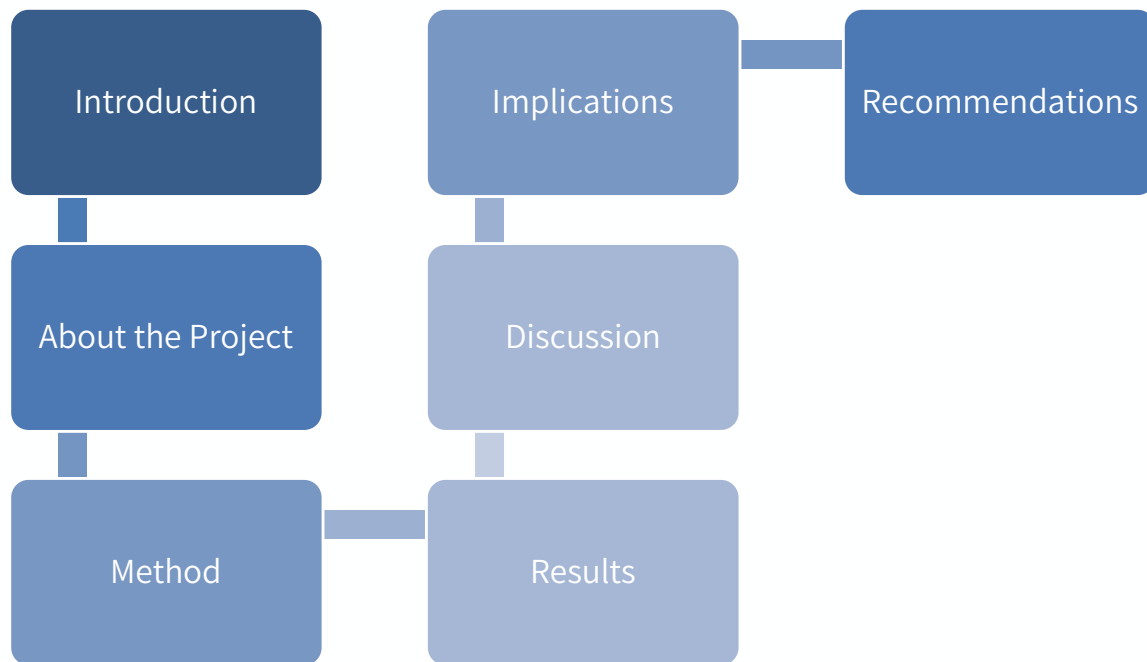


P Q Q
9 x x
 v

**5th World Congress on Probation and Parole
September 30, 2022**

Presented by Cherie Townsend and Sonya McLaren
Project funded by the International Association for Correctional and Forensic Psychology





Introduction

- International Association for Correctional and Forensic Psychology
- Building a bridge between research and practice
- Unique focus on justice-involved individuals experiencing mental health challenges and those professionals who work with them
- Board focus on community corrections
- Project team





4

Prison vs. Community

GLOBAL PERSPECTIVE

- How we view mental illness
- Intersection with justice involvement
- Community-based & Reintegration

IACFP Community Corrections Project

PHASE 1



- Literature Review
- Scanning research and practice

- Outreach
- Building a diverse scope to examine and learn from



18 countries,
23 regions





1. Survey

15-minute survey, 28-46 questions

- Community correction officers
- Program administrators
- Mental health practitioners



2. Interview

45-minute semi-structured interviews

- Same 3 groups as the survey
- Former clients



3. Focus Groups

1-hour small focus group with community corrections personnel

A



Complex Nature of Mental Health



Practices



Practitioner-Informed & Client-Informed Practices & Realities



Hurdles



Interdisciplinary



COVID-19



Protective Factors

Q V



“Kids are begging for food, you're struggling to keep a roof over your head, lack of education, the stigma of the mental health impact and the impact of the illness, the felony conviction stigma and impact, and the way society has looked upon that. So all these challenges, and it's like, I still got to feed my children.”

A former justice-involved individual from the U.S.



- **Current Models & Training**

- RNR
- Desistance model
- Good Lives Model
- Duality of training

- **Self-Care & Wellness Practices**

- Formal & informal
 - Employee assistance program
 - Debriefings
 - Technology

- **Rapport & Therapeutic Alliance/Trust**

- Trust
- Open communication
- Support

- **Unique/Specific Practices & Best Practices**

Q

X

X



“It's [compliance] different to me than it is to the department. So to the department, it is following all your conditions, reporting as directed, showing up for your appointments, doing programs, doing counseling, regardless of what your personal situation might be. There's a pretty narrow definition. For me, compliance at its most basic level, stay in contact with me.... For certain clients, that's the best that they can do is staying in contact”

A parole officer from Canada

V



- **4 Types**

- Organizational
- Community-level
- Treatment
- Political

- **Dynamic**

- Lowered/eliminated
- Elevated

- **Meaningful
Collaboration**

- Lower hurdles
- Fostering best outcomes

X



- **Interdisciplinary, Collaboration Approach**

- Shared mission & value system

- **Silos**

- One of the largest inhibitors of success

Q xa



- Struggling to help clients and to adapt
- Loss of face-to-face
- Exacerbated negative impacts

- Adapt services to online formats
- Supplied devices
- Disruption and impact on service delivery varied

p



- **Employment**

- Quality



- **Accommodation**

- Stable

P⁹

r



Japan

- Hogoshi program



Singapore

- Yellow Ribbon Project



United States

- Forensic Peers Mentors

Complex Nature of Mental Health

- What the client needs; whole system approach, evidenced-based lens
- Network map of available services and organizations
- Improving alignment between research, police, and practice
- Streamline continuum of care

Best Practices


- Horizontal and vertical integration
- Training of staff; continuous process (formal & informal)

Culture, Community & Collaboration

- Challenge of comparisons
- Increase and encourage community engagement
 - E.g., public education campaigns, seminars, visibility-increasing initiatives
- Outstanding Initiatives
 - Hogoshi, Yellow Ribbon Project, peer support



1. Any other aspect you see working in this area? Specifically, in relation to mental health?
2. What supports are needed to be able to replicate for your jurisdictions?



Any questions?

Contact Information:
Cherie Townsend: cherie.townsend@myiacfp.org
Sonya McLaren: sonyamclaren@cmail.Carleton.ca