

STICS: More than Just Training Core Correctional Practices

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“Trust the Vision”

**STICS:
Beyond
Core
Correctional
Practices**

- **Holistic Integration of CBT - RNR
– Change**

- CB Theory within Risk, Needs and Responsivity principles
- Thinking as Primary Driver of Behaviour
- Officers as Change Agents





***“Lead the Hearts, Lead the Mind:
Not the Tasks”***

STICS: Key Concepts & Language

- **Attitudes & Colours**
- **Thought-Behaviour Link with Spot the Dog**
- **Behaviour Sequence**
- **Tapes & Counters**





“Be Intentionally Infinite”

STICS: Core Correctional Practices

- **Officer Skills**
 - Active Listening
 - Giving Feedback
 - Effective Reinforcement
 - Effective Disapproval
 - Modelling



STICS: Core Intervention Techniques

- **Intervention Techniques**
 - Role Clarification
 - Collaborative Goal Setting
 - Colours
 - Spot the Dog
 - Behaviour Sequence
 - Identifying Tapes
 - Generating Counters
 - Cognitive Problem Solving





“Culture is King”

**STICS:
More than
just officer
training**

- **Instilling Continuing Education Model within Organization**

- Initial Training (intensive)
- Monthly Meetings
- Formal Feedback
- Refreshers
- Ongoing data collection and evaluation

- Coaches
- Coordinators
- Managers & Executives





“Culture Eats Strategy for Breakfast”

STICS: Taking the leap

- **Early Implementation commitments**
 - Continuing Education Model
 - Data Gathering & Evaluation
 - Collaboration and Consensus
 - Internal Capacity Building
 - Integrate into every and all aspects of business





“Fail Forward, Fail Often”